SPRING 2006



President's Message

This, my third year as President, has seen continued growth in membership and two new Board members, Gene Lind and Bill Picht, who are adding their knowledge and know-how to make us stronger. Our Treasurer, Bob Cushman, is recovering from knee surgery and soon will be back in action.

Our Winter League was very successful in part due to Ken Montagna's fine work. The Summer League starts on May 9th and runs until Tuesday, August 29th. Thanks to Board members: Al Davis for his work with field prep and equipment, and Bill Picht for serving as Board liaison.

Commissioner, Dean Perkins, deserves a large helping of appreciation for his leadership and work with our Saturday League this year. He organized the schedule, did early morning field prep, and closed Hawes field after three double-headers.

Our Day Play will continue at Hoover School until the other fields are playable. We have had very few play days as the rain came down 24 days in March and, so far, 12 in April.

Special thanks to our four chiefs who select teams for Day Play: Ron Albrecht, Dave Arrigoni, Bill Beshore and Ray Elkins, and our Day Play Commissioner, Jack Hoover.

We are looking for volunteers to help with our Tournament, June 24^{th} - 25^{th} .

Glenn Kovas



NEWSLETTER

2006 Summer League

Our Summer League starts Tuesday, May 9th, 6:30 P.M., at Highlander Middle Field, Highlands Park, in San Carlos. The park is located on Melendy Dr., west of Alameda.

To sign on, contact League Commissioner, Ken Montagna, at 650-787-7210 or email <u>kensurferca@hotmail.com</u>. Provide your name, age, phone number and email address (if you have one). Players must be 49+ and a member of the Redwood City Señors Softball Club. Annual dues are \$35. Applications are available for downloading online at <u>http://www.geocities.com/rcsenors/</u>.

Managers and team rosters will be posted on the Señors Web site during the last week of April. Managers will contact each player prior to the start of Summer League play. ASA umpires will officiate three games each Tuesday at 6:30, 7:30 and 8:30 P.M. Field prep volunteers are needed, so come early to help out. Team play will continue until August 29th.

Club-Sponsored Redwood City Tournament

Club President, Glenn Kovas, is our Commissioner for our 2006, NCSSA-sanctioned, Redwood City Señors Softball Tournament. We are inviting senior softball teams from all age brackets (50+) to sign on. The event is scheduled for Saturday and Sunday, June 24 and 25, 2006 at the Red Morton Community Park Fields in Redwood City.

Palo Alto Tournament Update

Jack Hoover reports that participation in this season's Palo Alto Senior Softball Tournament, May 20 and 21, 2006 is an automatic qualifier for the California State Senior Games scheduled for June 3 and 4, 2006. Palo Alto Tournament participants will also receive a T-shirt and goodie bag.

Redwood City Señors Softball Club, Inc.

P.O. Box 3904
Redwood City, CA 94064

Day Play

Day Play Commissioner, Jack Hoover, reminds all participants with "cabin fever" that our Tuesdaythough-Thursday Day Play will continue at Hoover School (near the corner of Woodside Rd. and Spring St. in Redwood City) until school is out in June. Then we will move Day Play back to Mitchell field in Red Morton Community Park.

Batting practice begins around 9 A.M. and games get underway promptly at 10 A.M. To be selected for team play, you need to be signed in, on the field and ready to rumble no later than 9:45 A.M.

The complete Day Play book of rules has been approved by the Board. Players and managers will find it displayed for quick reference at every game.

The Board recently ruled that players who are 80+ and/or female can use composite bats. We've already experienced the results in Nick Iomo's monster Day Play hits.

To check on game locations, cancellations due to field conditions, and the possibility of Friday games, call 650-363-1140 after 7 A.M. You will be prompted to press #5 to hear a recorded message on Day Play status.

Please arrive before 9 A.M. to help out our Club field prep volunteers before batting practice. Players who do are usually rewarded with some extra fielding practice.

STAY TUNED IN Club Information Hotline and Website

Planning on playing when the weather is marginal? Save time and money by calling 650-363-1140 for up-to-the-minute information about Day Play, Tuesday Night League and NCSSA Tournament schedules and cancellations. Select from a series of messages provided by Board members, Joe Bozzuto and Bob Cushman, on our Club Information Hotline. After you connect press the following numbers for game schedules and weather cancellations:

1	Tuesday Night Summer League
2	Saturday League (Winter only)
5	Day Play (Tues., Wed. and Thurs. mornings)
	NCSSA Tournament Weather Conditions (Activated only when requested by NCSSA Tournament managers.)

Our Club Website at:

http://www.geocities.com/rcsenors/

also contains important information. Brenda Guzman updates the site frequently with information about Club events, people, rule changes, schedules, softball resources, and links to NCSSA and other softball sites.



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2006 Club-Sponsored Tournament Teams

Each spring our Board of Directors provides significant support to each of our Redwood City tournament senior softball teams. This allocation consists of a cash subsidy, paid ASA team registration fees, and paid ASA team liability insurance premiums. Fees are waived for teams participating in our June 2006 Redwood City Tournament. This year's teams are:

Redwood City Team	
Cardinals 65's	
Cardinals 60's	

State Roofing Royals 70's

State Roofing Royals 65's

Manager

Mike Vigo Jerry Marsh Mike Solis Dean Perkins Dean Perkins Joe Filios Charles Sutton Ken Montagna Mark Kaufmann

Day Play Teams

Bay Supporters

Chiefs 65's

Chiefs 70's

Chiefs 75's

Reds

Our Club also provides year-'round support for our Day Play teams — the Wolverines, Maulers, Panthers and Field of Dreams. That support includes: playing fields at Mitchell Park and Hoover School arranged by Day Play Commissioner, Jack Hoover; field prep by a generous group of volunteers including (but not limited to) Mel Rankin, Rick Allen, Bob Cushman, and Rigo Mendiola, etc.; field equipment; game equipment and supplies; and adult supervision.



Annual One-Pitch Tournament and Barbecue

- Tuesday, July Fourth 2006
- Mitchell and McGarvey fields, Red Morton Community Park, Redwood City
- Games begin at 9 A.M., Barbeque ~ 11 A.M.
- Deadline for player sign-up: Tuesday, June 20, 2006
- Joe Bozzuto, Commissioner

One-Pitch Tournament

Only Club members are eligible to participate in the one-pitch tournament. You will receive more details by mail including a player sign-up sheet in plenty of time to meet the June 20th deadline. Teams will be organized from entries and players will be notified of team assignment before the start of the first game. Teams should be at the field and ready to play by 9 A.M.

Barbecue

All club members, their families and guests are invited to watch the games, enjoy the free food and drinks, and purchase Opportunity Drawing Tickets for a chance to win valuable prizes. The hamburgers, hotdogs, soft drinks and other goodies will be served around 11 a.m.

Opportunity Drawing

Tickets are \$1 each and will be also be available at the park just before the drawing. Remember to keep your half of Opportunity Drawing Tickets when you mail payment. Prizes include two \$50 bills and merchandise. This is a vital source of revenue used to support club activities.

Volunteers Wanted

Joe is looking for volunteers to help with field prep and maintenance as well as the food service and Opportunity Drawing. Please contact him at 650-368-7367 or meet with him at Day Play to help out.

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CPR Training Coming to Day Play

Following extensive discussions on how to respond to sudden cardiac arrest the Board decided to arrange for training sessions at the end of Day Play and possibly Summer League games several times each month. Citing an article from the *Harvard Health Letter*, Dave Reck made a convincing case for all of us to know more about this lifesaving intervention.

In November 2005 The American Heart Association issued new guidelines simplifying the process of delivering rapid chest compressions to keep blood flowing to the brain and other vital organs. The delivery technique for cardiopulmonary resuscitation (CPR) is now a three-step process.

Training session schedules will be announced and posted at our fields of play.

Redwood City Señors Club

2006 Officers

Glenn Kovas *President* Ron Albrecht *Vice President* Dave Reck *Secretary* Bob Cushman, *Treasurer*

Board Members

Rick Allen Joe Bozzuto Al Davis William Picht Gene Lind



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